



Helpers in Your Community: Is the helper able, available, and acceptable?

SUICIDE/MENTAL HEALTH CRISIS CENTER: Georgia Crisis & Access Line 800-715-4225; mygcal.com; text GA to 741-741	
RAPE/SEXUAL ASSAULT CENTER: Rape Crisis Center of the Coastal Empire 912-233-3000	
DOMESTIC VIOLENCE HOTLINE: Georgia Domestic Violence Hotline 800-334-2836	
SEXUAL ABUSE HOTLINE: Department of Family and Children Services 1-855-422-4453	
POLICE/PARAMEDIC EMERGENCY MEDICAL SERVICES UNIT: 911	
LGBT SUPPORT: Savannah LGBT Center 912-200-9195	
HOSPITAL EMERGENCY SERVICES: Memorial 912-350-8000 St. Joseph's/Candler 912-819-6000	
EMERGENCY SHELTERS: Safe Shelter 912-629-8888 Red Cross 800-338-4894 Salvation Army 912-651-7420	
YOUTH SHELTER: Park Place Outreach 912-234-4048	
MENTAL HEALTH OUTREACH CLINIC: Union Mission 912-238-2777 Lakeside Crisis 912-748-4378	
CHILDREN/YOUTH PSYCHIATRIC CLINIC: Coastal Harbor 912-354-3911	
PRIVATE PRACTITIONERS: Substance Abuse and Mental Health Services Administration (SAMHSA) 1-800-662-4357	
MEDICAL CLINIC / GENERAL PRACTITIONER: J. C. Lewis 912-495-8887 Curtis V. Cooper 912.527.1100	
STD INFORMATION AND TESTING SITES: Chatham County Health Department 912-356-2441 dph.ga.gov	
CHILDREN'S SERVICES OFFICES: Division of Family and Children Services 877-423-4746 dfcs.dhs.georgia.gov	
STUDENT SERVICES: SCCPSS Student Affairs 912-395-5584	
CHILD CARE REFERRALS: 912-443-3011 cccrofsoutheastga.org	
PARENT TRAINING: Parent University 912-507-8566 Lutheran Services of GA 912-353-8875	
FAMILY SUPPORT SERVICES: United Way 912-651-7730 Parent University 912-507-8566 Wesley Community Center 912-447-5711	
SELF HELP GROUPS: National Alliance on Mental Illness Savannah (NAMI) 912-353-7143 Hospice Savannah-Demere Center 912-629-1088	
SUBSTANCE ABUSE COUNSELING: SAMSHA Hotline 800-662-4357 New Day Counseling 912-201-3605 Recovery Place 800 627-4010	
ALCOHOLICS ANONYMOUS: Savannah Area AA 912-356-3688	
MENTAL HEALTH SERVICES: Savannah Counseling/ Gateway Behavioral Health 912-790-6500 / 1-866-557-9955 Coastal Behavioral Health 912-354-3911	
RELIGIOUS/SPIRITUAL SUPPORT:	
LEGAL ASSISTANCE/VICTIM-WITNESS ASSISTANCE: GA Legal 912-651-2180 Victim-Witness: 912-652-7329	
COMMUNITY CORRECTIONS OFFICERS:	
Other: Healthy Mothers, Healthy Babies Georgia 1-800-300-9003	Other: America's Second Harvest Food Bank 912-629-0298
Other: Mediation Center 912-354-6686	Other: VA Outpatient 912-920-0214
Health Insurance Enrollment Help: Chatham County Safety Net Planning Council: 912-644-5219	

Do you need help right now?

If you or someone you know is having thoughts of suicide, help is available.

National Helplines

 <p>Georgia Crisis & Access Line 1-800-715-4225 mygal.com</p>	<p>The Georgia Crisis and Access Line is available 24 hours a day, 7 days a week and 365 days a year to help you or someone you care for in a crisis. GCAL professionals will:</p> <ul style="list-style-type: none"> ● Provide telephonic crisis intervention services ● Dispatch mobile crisis teams ● Assist individuals in finding an open crisis or detox bed across the State ● Link individuals with urgent appointment services ● Help you to access a State Funded provider in your area in a non-emergency.
 <p>NATIONAL SUICIDE PREVENTION LIFELINE 1-800-273-TALK (8255) suicidepreventionlifeline.org</p>	<p>The National Suicide Prevention Lifeline provides 24/7, free and confidential emotional support to people in suicidal crisis or emotional distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.</p>
 <p>Veterans Crisis Line 1-800-273-8255 PRESS 1 Text to 838255</p>	<p>The Veterans Crisis Line connects veterans in crisis and their families and friends with qualified, caring Department of Veterans Affairs responders through a confidential toll-free hotline, online chat, or text. Confidential support is available 24 hours a day, 7 days a week, 365 days a year. Support for deaf and hard of hearing individuals is available.</p>
 <p>Need help? Text GA to 741741 CRISIS TEXT LINE <small>A free, 24/7 text line for people in crisis.</small></p>	<p>Anyone in Georgia experiencing an emotional crisis can text GA to 741741 to communicate with a trained Crisis Counselor. Children and Teens are especially welcome. The service is free, confidential and available 24/7.</p>
<p>TEEN LINE: (310) 855-4673 OR (800)-852-8336; Text "TEEN" to 839863</p>	<p>NATURAL DISASTER: Disaster Distress Helpline 1-800-985-5990</p>
<p>CHILD ABUSE: USA National Child Abuse Hotline 800-422-4453</p>	<p>DATING ABUSE & DOMESTIC VIOLENCE: Love Is Respect 1-866-331-9474 National Domestic Violence Hotline 1-800-799-7233 RAINN: Rape, Abuse, and Incest National 1-800-656-4673</p>
<p>SEXUAL ABUSE: Department of Family and Children Services 1-855-422-4453</p>	<p>HUMAN TRAFFICKING: National Human Trafficking Resources Center 1-888-373-7888</p>
<p>SUBSTANCE ABUSE/MENTAL HEALTH: Substance Abuse and Mental Health Services Administration (SAMHSA) 1-800-662-4357</p>	<p>CUTTING/SELF-INJURY: Safe Alternatives 800-366-8288</p>
<p>SUPPLEMENTAL NUTRITION: Women, Infants, and Children 855-262-7670</p>	<p>RUNAWAYS: National Runaway Safeline 1-800-786-2929</p>
<p>POISON CONTROL: 800-222-1222</p>	<p>EATING DISORDERS: National Eating Disorders Association 1-800-931-2237 ANAD: National Association of Anorexia Nervosa and Associated Disorders 630-577-1330</p>
<p>CHILD/FAMILY SUPPORT: Boys Town 1-800-448-3000</p>	<p>CUTTING/SELF-INJURY: Safe Alternatives 800-366-8288</p>
<p>REPRODUCTIVE HEALTH: Planned Parenthood 1-800-230-7526 STI Resource Center 919-361-8488</p>	<p>LGBT SUPPORT: The Trevor Project (LGBT Suicide Hotline) 1-866-488-7386 GLBT National Youth Talk 1-800-246-7743</p>