

suicideTALK: suicide awareness

suicideTALK is a 90-minute suicide awareness session that helps participants understand the issue of suicide and how they can help to prevent it in their communities.

PURPOSE: Help attendees learn more about suicide and how they can prevent it

DURATION: 1.5 hours

PARTICIPANTS: Anyone 15 or older who wants to learn more and help make a difference

LANGUAGES: English and French

suicideTALK...

- Examines why people experience thoughts of suicide
- Encourages open discussion about suicide and attitudes toward it
- Explores ways people can help to prevent suicide

Session leaders

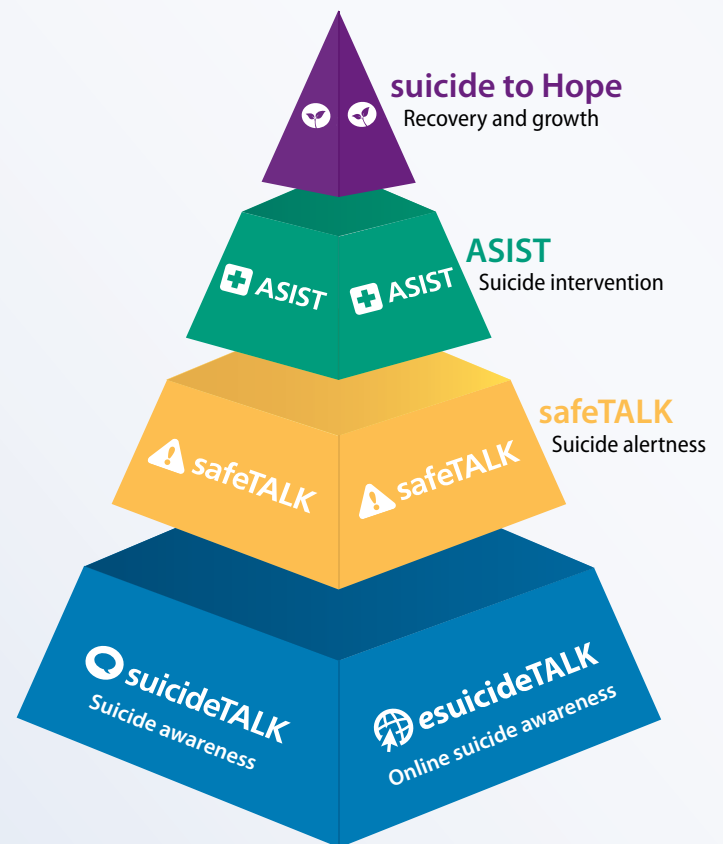
Most suicideTALK session leaders are registered LivingWorks trainers, but anyone with suicide intervention training can present the awareness session. suicideTALK session leaders are ready to assist if anyone in the audience experiences distress as a result of discussion about suicide.

Taking the first step

suicideTALK is an introductory program that teaches about suicide and how you can make a difference in your community. Other LivingWorks programs provide in-depth skills to help save lives from suicide. Together, these programs are more than the sum of their parts: they combine to create a whole community that's safer from suicide.

Training Programs for everyone

Suicide is preventable, and anyone can make a difference. LivingWorks promotes a layered approach that encourages individuals and organizations to select the training programs best suited to their needs.



To bring a suicideTALK to you and your organization or learn more about the Prevent Suicide Today program in Chatham County, email ASIST@chlink.org, call (912)661-1456 or visit www.chathamsafetynet.org/suicide-prevention/