

Prevent Suicide Today



I'm not okay.

I'm here, and
I'm listening.

You've got this.

Text **GA** to 741741

CRISIS TEXT LINE |

NATIONAL

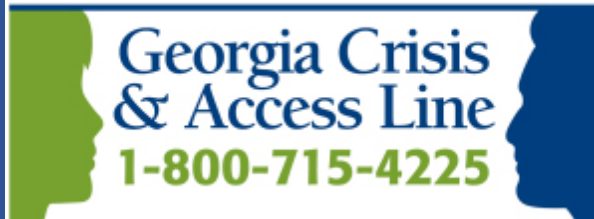
**SUICIDE
PREVENTION**

LIFELINE™

1-800-273-TALK

www.suicidepreventionlifeline.org

A CRISIS HAS NO SCHEDULE



**HELP IS AVAILABLE 24/7
FOR PROBLEMS WITH
MENTAL HEALTH, DRUGS OR
ALCOHOL**



CrisisChat.org

Online Emotional Support

If you need support, please visit
CrisisChat.org