



# VIRTUAL YOUTH MENTAL HEALTH FIRST AID

Learn how to identify, understand, and respond to signs of mental illness and substance use disorders in youth

**SEPTEMBER 23, 2020 AT 1 PM - 5:30 PM**

Youth Mental Health First Aid teaches you how to identify, understand, and respond to signs of mental illness and substance use disorder in youth. This 6-hour training gives adults who work with youth the skills they need to reach out and provide initial support to children and adolescents (ages 6-18) who may be developing a mental health or substance use problem and help connect them to the appropriate care.

**This course will be divided into two parts, one being a 2 hour self-paced, online course which participants will need to complete prior to attending the 4 hour instructor-led video conference.**

**[Register Here](#)**



YOUTH  
MENTAL  
HEALTH  
FIRST AID®

[www.MentalHealthFirstAid.org](http://www.MentalHealthFirstAid.org)