

COMPASSION WITH EQUANIMITY



EVERYONE
IS ON HIS OR HER OWN
LIFE JOURNEY.

I AM NOT THE CAUSE
OF THIS PERSON'S SUFFERING,
NOR IS IT ENTIRELY
WITHIN MY POWER
TO MAKE IT GO AWAY,
EVEN THOUGH I WISH I COULD.

MOMENTS LIKE THIS
ARE DIFFICULT TO BEAR,
YET I MAY STILL TRY TO HELP
IF I CAN.

